



“3rd Annual Get Stung with the Run”

5K Run/Walk and 1K Kids Fun Run

Saturday, August 3, 2013

Presented by
 Central Lakes Cooperative, Kandi Dental Center,
 Rice Memorial Hospital, Cub Foods, Hansen Advertising,
 the West Central Tribune & Subway.

**100% of the proceeds benefit the Kandiyohi County Area Family
 YMCA Mentorship Program**

1K Starts at 9:00am & 5K Starts at 9:30am at Bill Taunton Stadium

Name: _____

Race: _____ 5K Run/Walk or _____ 1K Kids Fun Run

Gender: _____ Male _____ Female

Birth date: _____ / _____ / _____ (MM/DD/YYYY)

Address: _____

City: _____

State: _____

Zip: _____

Phone: _____

Email: _____

Age on Race Day: _____

Men’s T-Shirt Size: _____ Small _____ Medium _____ Large _____ X-Large

Women’s T-Shirt Size: _____ Small _____ Medium _____ Large _____ X-Large

Youth T-shirt Size: _____ Youth Medium _____ Youth Large

****Please mail completed registration form and check to the following address:**

Willmar Stingers
PO Box 201
Willmar, MN 56201

Checks payable to: Willmar Stingers

Race Registration Fees and Dates

Dates	5K Fee	1K Fee
April 1- June 30	\$20.00	\$15.00
July 1 – July 31	\$25.00	\$15.00
August	\$30.00	\$15.00

**Registering after July 31 doesn't guarantee a t-shirt.*